

# Teen Topics

## A Biblical Worldview (Part 1)

The first question we will look at as we think through a biblical worldview is “What is true?” Being able to know what is true is the foundational issue of understanding our world.

### What Is True?

Truth is any statement, thought or belief which matches the world as it really is. Truth always reflects reality. When it comes to understanding what is true, note the following:

- God gives knowledge. (Is. 45:18-19; Jer. 32:17)
- Truth can be known. (John 8:31-32)
- Jesus is the Source of truth. (John. 14:6)
- God’s Word is truth. (Ps. 119:160; John 17:17)
- God helps us understand truth. (John 16:13)

Understanding the world correctly and being able to answer the deep questions of life requires us to know what is true.

### Misconceptions about Truth

Some people in our culture have concluded we can’t know truth. The term “truth” has been redefined to mean one’s personal beliefs (i.e., “my truth”). But truth is not a personal issue (i.e., subjective), but rather something outside ourselves that is true for all people (i.e., objective). Note:

- Simply believing something doesn’t make it true.
- Just because an idea is popular doesn’t make it true.
- Two contradictory beliefs can’t both be true.

What people often refer to today as their “truth” is really their opinion. When the concept of truth is minimized and equated with our opinions, we no longer seek truth outside ourselves where it can be found.

### The Pursuit of Truth

We live in a world full of ideas, and it can be confusing to know what to believe. God doesn’t want us to live in confusion. When we seek to discover truth that God has revealed, we’ll find the answers we seek. After all, God created us to be thinkers and truth seekers! (Col. 1:9-11; 2:8)