Our previous lesson looked at God’s beautiful design and purpose for sex. However, in our culture today, the sexuality we see is far from what God intended. Premarital sex, pornography, sexting, prostitution and adultery (etc.) each express a terrible distortion of what God intends sex to be.

**Mankind’s Distortion of Sex**

*Romans 1:18-32* explains mankind’s decline in the area of sexuality. Read this text and answer the following questions:

> Where does sexual sin begin? *In the lust of our hearts* (v. 21).
> What did mankind do with God’s plan for sex? *Suppressed the truth, distorted it, exchanged it for a lie* (v. 18, 25).
> Who is the object of worship in sexual sin? *Ourselves* (v. 25).

Sexual sin is nothing less than mankind doing what he wants to do regardless of what God says. Sadly, the effects of sexual sin are tragic: teenage pregnancies, abortions, fatherless homes, sexually transmitted diseases, sexual addiction, rape, etc. Even after marriage, the consequences can carry over, leading to regret, jealousy, lack of trust, and trouble having meaningful intimacy with your spouse.

**A Greater Calling**

We have all heard stories of tragic effects resulting from sexual sin. Some of us have even experienced this within our own families. The truth is that God does not desire any one of us to go through such pain. For this reason, God has called us to purity, as it is the solution to such problems (*Eph. 4:17-21*).

It is easy to embrace the mindset that such tragedies only affect others and not us. We must guard against such lies (*Num. 32:23; Gal.6:7*), just as much as we guard against the sexual sin itself. The key to sexual purity is to take our calling to purity seriously. We’ll look at this further in our next lesson.