

Overview of a Leader's Guide (Sample)

2 pages of leader notes, commentary, talking points and discussion questions to make your lesson more impactful!

The Intro statement explains the importance of covering the topic, as well as things the leader should consider as they teach.

A clear objective that explains the end goal of the lesson.

A fun intro question to get your group talking.

The boxed text throughout the Leader's Guide shows what your students see on their student handouts.

Talking points to highlight interesting aspects of the topic.

Teen Topics - Self Image Leader's Guide

Intro statement for leader: This lesson will address the topic of self-image. A young person's perception of themselves is not merely based on their own views, but also on the views of people around them and from culture as a whole. The expectations put on students regarding their image are often unrealistic and can have negative emotional and psychological effects. Teens need to embrace an identity based on who God says they are and how He views them. Use this lesson to emphasize how God has created each and every teen exactly as He desires them to be. Help them understand that embracing a biblical perspective on this topic will enable them to have a correct self-image.

Lesson Objective: Students investigate the biblical perspective of their self-image and embrace the reality that they are God's special creation.

Intro question: _____

- _____
- _____
- _____

The Issue:
When you think about yourself, what thoughts come to mind? Consider your talents, abilities, personality, intelligence level, physical appearance, sense of humor (etc.). Do these things bring you good thoughts, bad thoughts, or mixed feelings? The way we view ourselves often has an impact on the way we live. It is important that we look to Scripture to get a correct understanding of who we are.

What does the Bible say?
Note what the Bible says concerning our existence:
> Gen. 1:26-27 - We are a creation of God, made in His image.
> Ps. 139:13-16 - We were each formed by God, being made just as He wants us. We were all fearfully and wonderfully made.

The boxed text includes answer suggestions to help guide your students in their responses.

Discussion questions to reinforce important concepts.

Commentary to highlight the main take-aways from the Bible verses.

Talking points to elaborate on how the Bible verses apply to the students' lives.

Discussion questions to address important aspects of the topic that teens need to talk through.

The student handout portions are strategically placed in the Leader's Guide to help you know where to reference it in your lesson.

A final thought to reiterate the main point of the lesson.

Gospel tie-in for each lesson.

Summary statement to recap what was learned.

A Challenge for each lesson to give students a way to reflect on and apply what they learned.

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Study, Grow, Share.

1. [Redacted]

2. [Redacted]

Note what the Bible says about God's view of us
 > Rom. 5:6-8; 8:39 - *Though we sinned, He loved us and redeemed us. We cannot be separated from God's great love.*

What should I do?
Each of us is a unique creation of God and therefore valuable and significant! There is no place to be overcome in misery over aspects of our life that are not what we think they should be, nor is there place to become prideful in areas of our life that we think are better than others! We were not given life to be self-consumed, but rather to be grateful for the goodness of our Creator and to be surrendered to allow Him to use the life He has given us for His purposes!

Gospel: [Redacted]

Summary: [Redacted]

Challenge: [Redacted]