

## Teen Topics

### Sexual Purity (Part 1)

The topic of sex seems to get people's attention more than any other subject. When we think about sex, thoughts of love, beauty, intimacy and romance fill our minds. In this study, we will tackle this topic to see what God Himself says concerning what sex and sexual purity should mean to us!

#### ***The Origin of Sex***

To understand sex we must first know where it came from. Read [Genesis 1:27-28](#) & [2:24-25](#). From the creation story, we see that God is the Creator of sex. Sex was God's idea! Therefore, we can view sex as a gift from God. Adam and Eve were united, and their sexual activity was part of God's creation!

As we look at Scripture, we see a number of reasons God has given sex to be enjoyed between a husband and wife:

- > [Gen. 1:28](#) – To multiply and have children.
- > [Gen. 2:24-25](#) – To enjoy unity and intimacy.
- > [Prov. 5:18-19](#) – For physical pleasure.
- > [Song of Sol. 1:2; 3:1a](#) – For companionship.

#### ***The Beauty of Sex***

“Sex” is not a dirty word. Hormones are not bad. A “sex drive” is not our enemy! God has given us these in order for us to experience a unique and fulfilling relationship with our spouse one day! Sex is a beautiful thing that makes marriage special ([Eph. 5:31](#)). The intimacy of marriage is something to look forward to and treasure!

[Hebrews 13:4](#) says, “Let marriage be held in honor among all.” The key to sexual purity is to uphold God's view and purpose for sex. When God's plan for sex is distorted, sex then becomes a thing of guilt, shame, addiction and pain. We will look at this in more detail in our next lesson.