

Teen Topics

Laziness

The Issue:

Laziness is a word that we do not like. It highlights a weakness we are all prone to. Yet, this issue affects many aspects of life: our work ethic, use of free time, preparation for the future, etc. Let's see what Scripture has to say about this.

What does the Bible say?

Note the warning and/or consequence of being lazy:

- > [Prov. 24:30-34](#) – Laziness results in destruction and poverty.
- > [Prov. 20:4](#) – Wasting away our lives results in having nothing.
- > [II Thess. 3:10](#) – One who doesn't work doesn't deserve food.

Note the correct attitude we are told to have toward work:

- > [Prov. 6:6-9](#) – An ant is a very hard worker, as we should be.
- > [Prov. 14:23](#) – Words/plans are meaningless without action.
- > [Heb. 6:10-12](#) – God is watching, commit to work diligently.

What should I do?

Laziness is ultimately a selfish desire to abandon our responsibilities and live off the hard work of others. Relaxing and doing our own thing 24/7 sounds appealing, but God did not create us for that. He created us to live meaningful and productive lives through which everything we do is done for His glory ([I Cor. 10:31](#)). Wasting our lives away by being lazy will eventually lead to depression and a sense of failure, but being productive through hard work will lead to great satisfaction and a sense of accomplishment. Taking time to rest serves a purpose, but it should not characterize us. The best way to fight laziness is to grasp God's purpose for your life (be who He has called you to be), establish goals for the future, and commit to using all of your time in a way that pleases the Lord ([II Tim. 2:15](#)).