

## Teen Topics Fear (Part 3)

### **The Issue:**

Every new day seems to be filled with stories of bad things that have happened around the world. From earthquakes to airplane crashes, stories of death seem all too common. Some people have come to grips with the fact that death is a part of life, yet some people become terrified with thoughts about when and how they will die. How can we tackle this fear and find comfort amidst all the stories?

### **What does the Bible say?**

See what these verses say about how we should handle the fear of death:

> Psalm 23:4 - We do not need to fear because God is with us and brings us comfort.

> Psalm 46:1-2 - God is our refuge and strength when we are in fearful situations; He gives us comfort and confidence.

> II Chron. 20:9 - We can cry out to God with our fear, knowing that He has the power to hear and save us.

Read these powerful verses and note where the ultimate victory over the fear of death is:

> I Cor. 15:26, 55-57 - All death will come to an end someday; the victory over it is in Jesus Christ, so we don't need to have fear.

### **What should I do?**

Thoughts of death can be scary. But we must realize that God is in control and that death is just the beginning of the eternity we will enjoy with God. We do not need to live life constantly overcome by the fear of death. We serve a God that is in control of all things, even life itself. For that reason, we are able to trust Him and enjoy the life He has given us!

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