

Philippians 2:19-30

Examples of What It Means to Follow Christ

Paul had discussed how God works in and through our lives (2:13), and now he gives two examples of what that looks like.

> What can we learn about Timothy from [verses 19-24](#)? He had a genuine care for others, had proven character, served in the gospel ministry.

Timothy was Paul's close friend and co-worker in the gospel

> [Verse 21](#) says that Timothy was different from other people because other people "seek their own interests." What does this mean? Most people only care about self and what is best for them, but Timothy went the extra mile for the cause of Christ.

> Timothy was someone who had the "mind of Christ" (2:5). How do you think this helped him become such a great servant of God? He was not focused on self = put God's desires over his own; was willing and faithful to do what God wanted of him.

> How do [verses 25-30](#) describe Epaphroditus? Brother, fellow-worker/soldier of Paul's. Servant, risked his life for the gospel.

Epaphroditus was sent by the Philippian church to help minister to Paul.

> What is the reason Paul tells the Philippians to hold Epaphroditus in high regard? Because while serving Christ, he came close to death, was obedient even when it was not easy.

Application

The world honors people who are rich, powerful and successful, yet God is honored by those who make a determined effort to use their lives for His service. For this reason, Paul highlights these two individuals. Have you ever considered what qualities in your life are used by God for the cause of Christ? How can they be used to make a greater impact? Remember, it is these qualities that you will be remembered by!