

Ephesians 6:10-18

Preparing for Spiritual Battles

- > In living the Christian life, where is our strength found (v. 10)? In the Lord and in the power of His might.
- > In what sense do we need to be prepared for battle (vv. 11-13)? Explain. We face an enemy in the devil and spiritual forces at work in our world. It is not a physical battle, but a spiritual one.
- > What is the purpose of our armor (vv. 11-13) and what does it equip us with (vv. 14-17)? To stand against the devil and spiritual forces. It equips us with truth, righteousness, peace, faith, salvation, and the Word of God.

Application

Consider how each piece of spiritual armor prepares us for spiritual victory:

- The belt of truth: clinging onto the truth of Christ
- Breastplate of righteousness: doing what is right
- Shoes of peace: recognizing God's work through the gospel
- Shield of faith: trusting in God
- Helmet of salvation: relying on the fact of who we are as God's children (and that He protects us)
- Sword of the Spirit: utilizing the power of the Word

> What happens if we fail to put on this armor? We are vulnerable to the devil's attacks, setting ourselves up for failure.

The emphasis of this passage is not on us being on the attack, but rather being watchful, being prepared, and being ready to stand our ground. Satan would love nothing better than to pull us into sin, take away our joy and damage our testimony. However, when we utilize our armor, we stay grounded in truth and prepared for temptation. Each piece is important! Are there any pieces of armor you are neglecting?

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