

Ephesians 1:3-14

The Many Blessings of Being in Christ

> Read verses 3-14 and list the blessings we have as believers?

We are chosen, were predestined to adoption, made accepted, have redemption, forgiveness, inheritance, sealed with the Holy Spirit, etc.

> The phrase "in Him" (in Jesus Christ) is seen several times in this passage. What is the significance of that phrase? It shows that only through Christ are these blessing possible. It emphasizes that these blessings are only for those "in Christ."

> From these verses, what is the purpose of the many blessing we have? That we may be to the praise of His glory (vv. 6, 12, 14). That He may receive glory from all these things.

Application

As believers, this passage gives us a glimpse into the plan of God, going back even before the creation of the world. We as believers are part of this plan. We benefit from each of the blessings we are given through Christ!

> Which of these blessings do we deserve? Why or why not? We do not deserve any of them. They are given by His grace (v. 6). As sinners, we deserve His condemnation, yet we are given grace.

> What does this say about the love God has for us? God's love is so great He offered up His Son in order to make us His own.

> What does this say about the honor it is to be a child of God? We are blessed beyond our comprehension because of what God has done for us. To be God's child is truly an honor.

Take a moment and think about one of the blessings from your list above. Try to grasp the significance this has to you personally? Take time through your week ahead to dwell on each of the other blessings.

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