

Christian Doctrine

Jesus Christ (Part 6)

The Resurrection

The Resurrection of Christ

The life of Jesus did not end at the crucifixion. For on the third day, Jesus Christ rose from the dead! ([Matt. 28:6](#))

The nature of Jesus' resurrected body:

- It was a real, physical body, made of flesh and bones, which could eat, drink, etc. ([Luke 24:34-43](#); [Acts 10:41](#)).
- Though people could recognize Him and the scars from the crucifixion, His body was a resurrected body, no longer prone to physical weakness, aging or death ([John 20:20](#), [25-28](#); [Rom. 6:9](#)).

Here are some evidences that reveal the fact of this event:

- The empty tomb. The grave clothes were found undisturbed, laying in the tomb of Jesus, which was secured and well-guarded ([Matt. 28:1-6](#); [John 20:3-9](#)).
- Jesus' appearances. Jesus was seen by the women returning from the tomb ([Matt. 28:9-10](#)), His disciples ([John 21:1-14](#)), a crowd of 500 people ([I Cor. 15:4-8](#)), and others.
- The transformed lives. The impact is seen in the church's growth ([Acts 2:41](#)), the desire to change the day of worship to the day Christ arose (Sunday, [Acts 20:7](#)), and the confidence of those martyred ([Acts 7:54-60](#)).

The Significance of the Resurrection

- It proved that Jesus was who He said He was.
 - He truly was the Son of God, having power over life. He had risen from the dead, just as He had said He would ([Matt. 16:21](#); [20:19](#); [28:6](#); [Rom. 1:4](#)).
 - Had He been wrong about rising from the dead, everything else He had said would be in doubt.
- It showed that the Father approved Christ's work on the cross. The way for salvation had been accomplished. There was no need for Christ to remain dead ([Rom. 4:25](#)).
- It showed Christ to be victorious over the grave, giving us the anticipation of receiving our own resurrected bodies someday ([I Cor. 6:14](#); [15:20-58](#)).
- It is the foundation of our faith. Without the resurrection and a living Savior, our faith would be meaningless and we would be hopeless ([I Cor. 15:13-19](#)).